



3'54

**A tribute to
the Olympic Games
and
the athletes from all around the world**

for SAB choir a cappella

**Lyrics and Music:
Jean-Christophe ROSAZ**



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p $\text{♩} = 84$

Soprano
"On your marks, ready? go!"

Alto
p Wal - - - king, wal - - - king,

Baryton-Basse
p Walk and walk and walk and walk, walk ___ and walk and walk and walk, walk

phrasing "rock and roll"

note: this piece is based on the play with the sounds of vowels and the meaning of the verbs employed in different sports and games. It is possible to sing it with appropriated movements of all the body; eyes, head, arms, legs, foot. The phrases could be said by the choir master or one or more of the singers.

4

S
p Walk and

A
wal - - - king, walk and walk on the track, on the road a - gain, on the

B
___ and walk and walk and walk, and walk, ___ Wal - king, wal-king, wal-king, wal-kingwal -

7

S
wal - king on the road a - gain, on the road a - gain

A
track, the road a - gain, on the track, the road a - again, on the road a - gain

B
- king, wal - king, wal - king, wal - king on the road a again, a-gain, a-gain

10 $\text{♩} = 120$

S *f* > *p* *f* > *p* *mf* > *p* *f* > *p*
 Run-ning run, run-ning run, run-ning, run-ning run, run-ning, run-ning

A *f* > *p* *f* > *p* *mf* > *p* *f* > *p*
 Run-ning run, run-ning run, run-ning, run-ning run, run-ning,

B *f* > *p* *f* > *p* *mf* > *p*
 Run-ning run, run-ning run, run-ning run, run-ning,

14 *mf* > *p* *mp presente* *cresc.*-----
 S run, run-ning, run-ning run, ha, ha, ah ah! ha, ha, ah ah!
 inspir expir simile

A *p* *mf* > *p*
 run-ning run, run-ning run, jum - p, jum - p, jump and

B *f* > *p* *mf* *p*
 run-ning run, run-ning run, run-ning, run-ning, run-ning, run-ning, run-ning, run-ning, run-ning,
 ossia: 8va bassa

18
 S ha, ha, ah ah! ha, ha, ah ah! u - pon the

A tri - ple jum - p, and tri - ple, tri - ple, tri - ple jum - p, jump u - pon the

B run-ning, run-ning, run-ning, run-ning, run-ning, run-ning, run-ning, run-ning, run-ning, run-ning,

22 *più rapido* $\text{♩} = 132$ *mf* > *mf* > *mf* >
 S hill! Run-ning, run-ning, run-ning run, run-ning, run-ning run,

A run-ning, run-ning, run-ning run, run-ning run, run-ning, run-ning run,

B *mp*
 run!
 Ball! Give me the ball and

26

S run-ning, run-ning, run-ning, drib-ble, drib-ble, drib-ble, catch the ball and

A drib - ble and catch the ball, run-ning, run-ning, drib-ble, drib-ble, drib-ble,

B drib - ble, catch the ball, drib - ble, catch the ball,

30

S "What's happening?
They lost the ball!"
goal! Pole vault...

A goal! Throw the jave - lin, throw the jave - lin, throw the jave - lin, throw the jave - lin,

B goal! Pole vault...

* Glissandi imitating the jump
Be attentiv to the continuity
of the movement between B and S

35

S vault... Pole vault...

A throw the jave - lin, run-ning, run-ning, run-ning, run and run, catch the ball, catch the ball, drib - ble, drib-ble,

B Pole vault... Pole

40

S vault... Go - in up and go - ing up and go - ing up, I'm fly -

A drib - ble, drib - ble, dream up, dream up, give me the ball is fly -

B vault... Go - ing up! I'm fly -
div. ad lib.

62

S win-ging'in the sky! Whis - tle, the whis - tle, the whis-tle, whis - tle is

A win-ging'in the sky and the whis-tle, whis-tle, whis - tle, whis-tle, whis - tle, whis - tle,

B win-ging'in the sky and the whis-tle, whis-tle, whis - tle, whis-tle, whis - tle, whis - tle,

p * *cresc.*

* emphasizing the consonants

67

S whisp' - ring'in my heart in my heart, in my heart, in my heart in my heart, in my

A whisp' - ring'in my heart in my heart, in my heart, in my heart in my heart, in my

B whisp' - ring'in my heart in my heart, in my heart, in my heart in my heart, in my

dim.

poco a poco molto rit.

73

"Half-time!" *p dolce* *cresc.* *dim.*

S heart! Swim O swim O swim O swim O

A heart! Swim O swim O swim O swim in the

B heart! Swim O swim O swim O swim O

$\text{♩} = 84$

79

S swim O swim in the still - ness of the o - cean the o - cean, the

A swim - ming pool swim in the still - ness of the o - cean the o - cean, the

B swim O swim in the still - ness of the o - cean the o - cean, the

3 3 3

84

S o - cean, the tide and the wave of the o - cean!

A o - cean, the tide and the wave of the o - cean!

B o - cean, in the deep - ness, in the deep - ness of the o cean!
 ossia: "in the depth", for the [f] sound ad lib.

88 $\text{♩} = 76$

S *p* The o - cean! *mp* But - ter - fly, but - ter -

A *p* The o - cean! Swim in the blue, swim-ming pool, swim in blue,

B *p* Tum tum, tum tum, tum tum, tum tum, tum tum, tum tum, tum tum, tum
 [u]

91 *mp cresc.* fly, but - ter - fly! Swim in the blue, swim-ming pool! *mf* But - ter fly, but - ter -

A *mf* O the blue But - ter fly, but - ter - fly, but - ter - fly! *mp* Swim in the

B tum, tum tum, tum tum, tum tum, tum tum, tum tum, tum tum, tum tum, tum

94 *dim.*

S fly, but - ter - fly! O the blue but - ter fly, but - ter - fly, but - ter - fly!

A blue, but - ter fly, swim in the blue swim-ming

B tum, tum tum, tum tum, tum tum, tum tum, tum tum, tum tum, tum tum, tum tum!

cresc. -----

97 *legato e sostenuto* *simile* "What a spin!" *subito pp*

S In... blue... One, two tri-ple jump, one two tri-ple jump!

A pool! the... One, two tri-ple jump, one two tri-ple jump!

B [b] [b] [b] One, two tri-ple jump, one two tri-ple jump!

imitating the sound of the ball in tennis or tennis table

poco a poco crescendo -----

105

S One, two tri-ple jump, one two tri-ple jump! One, two tri-ple jump, one two tri-ple

A One, two tri-ple jump, one two tri-ple jump! One, two tri-ple jump, one two tri-ple

B One, two tri-ple jump, one two tri-ple jump! One, two tri-ple jump, one two tri-ple

112

S jump! One, two tri - ple jump, one two tri-ple jump! One, two tri - ple jump,

A jump! One, two tri - ple jump, one two tri-ple jump! One, two tri - ple jump,

B jump! One, two tri - ple jump, one two tri-ple jump! One, two tri - ple jump,

119

S one two tri - ple jump! Pam, pam, pa la la, pam, pam pa la la!

A one two tri - ple jump! Pam, pam, pa la la, pam, pam pa la la!

B one two tri - ple jump! Pam, pam, pa la la, pam, pam pa la la!

ossia: 8va bassa

from this bar until 136, one singer or the conductor could comment the action faster and faster as a sports commentator

124

S Pam, pam, pa la la, pam, pam pa la la! Pam, pam, pa la la,

A Pam, pam, pa la la, pam, pam pa la la! Pa-lam, pa-lam, pa la la,

B Pa-lam, pa-lam, pa la la, pa-lam, pa-lam, pa la lam! Pa-lam, pa-lam, pa la la,

129

S pam, pam pa la la! Pa-lam, pa-lam, pa la la, Pa-lam, pa-lam, pa la la,

A pa-lam, pa-lam, pa la lam! Pa-lam, pa-lam, pa la la, Pa-lam, pa-lam, pa la la,

B pa-lam, pa-lam, pa la lam! Pa-lam, pa-lam, pa la la, Pa-lam, pa-lam, pa la la,

134

S *f* Pa-la-lam, pa-la-lam, pa la la, Pa-la-lam, pa-la-lam, pa - la - la! *ff* Wal-lap, wal-lap,

A *f* Pa-la-lam, pa-la-lam, pa la la, Pa-la-lam, pa-la-lam, pa - la - la! *ff* Wal-lap, wal-lap,

B *f* Pa-la-lam, pa-la-lam, pa la la, Pa-la-lam, pa-la-lam, pa - la - la! *ff* Wal-lap, wal-lap,

139

S *subito p* wal-lap, wal - laa!_ *Wal-lap, wal-lap, wal-lap, wal - laa!_* *cresc.* *ff* Ah!

A *subito p* wal-lap, wal - laa!_ *Wal-lap, wal-lap, wal-lap, wal - laa!_* *ff* Ah!

B *subito p* wal-lap, wal - laa!_ *Wal-lap, wal-lap, wal-lap, wal - laa!_* *ff* Ah!

ossia: 8va bassa

durée: 3'54

Walk and walk
 and walk and walk
 Walking, walking
 walk and walk on the track
 on the road again
 Running run, jump
 jump and triple jump upon the hill
 Ball! Give me , the ball and goal
 Throw the javelin, Pole vault
 Running run, catch the ball, dribble
 dream up
 Goin up and going up, I'm is flying
 Ride a cycle, rideDown and slow down
 Here's the broom wagon
 You can climb, hang on,
 climb to the top of the hill
 O look at this breakaway
 "Off side"
 I see the wheelchair winging in the sky
 Whistle, the whistle whip'ring'in my heart
 Swim O swim in the swimming pool
 O swim in the stillness of the ocean
 the tide and the wave of the ocean
 The ocean!
 Butterfly, swim in the blue
 Oh the blue butterfly
 One, two triple jump!
 Pam, pam, pa la la, pam, pam pa la la!
 Wallap, wallap, ah!

Marche et marche
 et marche et marche
 Marche Marche
 marche et marche sur la piste
 de nouveau sur la route
 Cours, cours, saute
 saute et triple saut sur la colline
 Balle!
 Donne-moi le ballon et but
 Lance le javelot, saute à la perche
 Cours, attrape le ballon, dribble
 imagine
 montant, montant, je vole
 roule, descends et ralentis
 Voici la voiture balais
 Tu peux grimper, t'accrocher,
 grimper jusqu'au sommet de la colline
 O regarde cette échappée
 "Hors jeu"
 Je vois le fauteuil roulant voler dans le ciel
 Sifflet, le sifflet siffle dans mon cœur
 Nage o nage dans la piscine
 O nage dans le calme de l'océan
 la marée et la vague de l'océan
 L'océan!
 Papillon, nage dans le bleu
 Oh le papillon bleu
 Un, deux triples sauts !
 Pam, pam, pa la la, pam, pam pa la la !
 Wallap, wallap,
 ah !